



**Wing Parish
Council**

**Good Neighbours'
Scheme Directory**

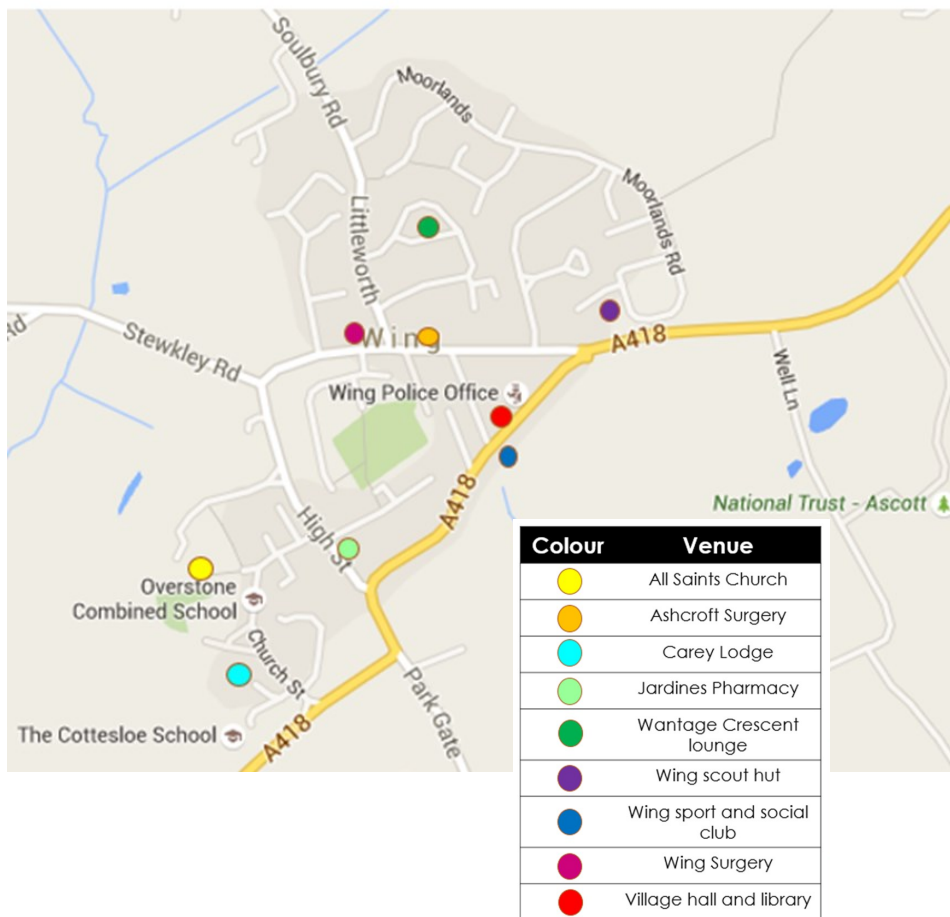
Wing Parish Council Vision...

Wing Parish will maintain its rural identity. It will value it's heritage and green environment. Parishioners of all ages will feel safe, be proud to live in Wing and will actively seek out and support local organisations and clubs.

Wing Parish Council — Maxine Hayes (Parish Clerk)

01525 875308 wingparishclerk@gmail.com

70 Westoning Road, Harlington, Bedfordshire LU5 6PD



Interested in becoming a Good Neighbour volunteer?

Do you have time to spare and would you like to make a difference in your local community? Would you like to be a 'good neighbour' to an older or vulnerable person who is needing a bit of extra help to support them at home?

The Good Neighbour Scheme is looking for volunteers to visit older people in their own home and to help them access the community with such activities as taking them shopping, helping with lifts, accompanying them on social outings, taking them to the library, helping them with visits to GP surgeries, hospital appointments etc.

There are many opportunities for helping the vulnerable and elderly, however, there are also other ways to volunteer - help is needed with Long Spinney, the council has numerous projects, which you can be part of on a one off basis and the library is always looking for people to help.

Need additional support?

Do you struggle with daily tasks, getting to appointments or just want some company? Your local Good Neighbour scheme could help.

To register your interest in becoming a Good Neighbour or for additional support please contact:

Parish Clerk, Maxine Hayes on

01525 875308 or wingparishclerk@gmail.com

Buckinghamshire County

Council useful numbers

Open Monday to Thursday 9:00 - 17.30pm and 9:00 - 17:00 on Friday.

General enquiries	01296 395000
Text Relay - telephone service for the deaf and hard of hearing	18001 0845 3708090
Adult learning	01296 382403
Blue badge	01296 382902
Community care payments	01296 382277
Community Transport Hub	0800 0858480
Country parks	01753 511060
Economic development	01494 568935
Family Information service	01296 383065
Fly-tipping	01296 395000
Fostering	0800 1601900
Libraries	0303 1230035 renewals 24 hours, 01296 382415 enquiries
Museums	01296 331441
Out of hours emergencies (Highways)	01296 486630
Pot hole reporting	01296 382416
School Transport	01296 387439
Schools	01296 383250
Special educational needs	01296 382269
Telecare	01296 383774
Trading standards	0345 404 0506
Transport and roads	01296 382416

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The information in this booklet can only be as accurate and current as our knowledge. Therefore, please help us by emailing wingparishclerk@gmail.com if you know of any corrections or changes.

A regularly updated online version can be found on the Parish Council Website, it can also be accessed at the Library and All Saints Church.

Things to do

Social Activities

Bingo (Wing Welfare)

Where Wing Village Hall
When 19:30 Start 1st Monday in month
(2nd if Bank Holiday)
Contact Malcolm Rickard on 01296 688428

Café Oasis

Where All Saints Church
When 10:00-12:00 Saturdays
Contact Helen Barnes on 01296 682408 or
helen.barnes1503@gmail.com

A café in All Saints Church. A drink of tea or coffee and a cake is available for a suggested donation of £1 per person. Many people come to sit and read the paper, meet people or as a treat for the children. Offers for helping at the café are always welcome.

Contact the Elderly

Where Around the local area
When 15:00– 17:00 Sundays
Contact 0800716543

They arrange small monthly tea parties in hosts' homes and the guests are picked up by volunteer drivers. There is no charge and it is open to people 75 and over living alone.

Buckinghamshire County Council

Where County Hall, Walton Street, Aylesbury, HP20 1UA
Contact 01296 395 000 customerservices@buckscc.gov.uk
Website www.buckscc.gov.uk

Bucks County Council is responsible for: Highways, Education and Libraries, Social Services, Trading Standards, Registrar of births, deaths and marriages, Waste disposal (excluding household waste). Bucks County Council is the top tier of local government and provides services on a county-wide basis.

Prevention Matters can support you in regaining your confidence, independence and getting out and about if, for any of the following reasons, you are:

- Struggling to remain independent in your own house
- Having difficulty getting out and about
- Feeling lonely and isolated
- Feeling anxious or lacking confidence
- Recovering from an illness

The service will help you find social activities, volunteers and community services in your area.

Contact via: 0300 666 0159 admin@preventionmatters.org.uk

Buckinghamshire Family Information Service (BFIS) provides a FREE quality, impartial and up-to-date information to parents, carers and prospective parents with children aged 0 to 19 years (25 with a disability or additional need). We also provide advice and support for professionals who work with families.

Contact via: 01296 383065 familyinfo@buckscc.gov.uk

Text 07786 202920 Web www.bucksfamilyinfo.org

Local Authorities

Wing Parish Council

Where 70 Westoning Road, Harlington, Bedfordshire,
LU5 6PD

Contact 01525 875308
wingparishclerk@gmail.com

Website www.wingparish.org

Drop-in session with Clerk every Wednesday at Wing Community Library from 10:30 to 12:00. Meets last Tuesday of every month in Wing Small Hall at 20:00. Wing Parish Council deals with everything from street lighting to play areas.

Aylesbury Vale District Council

Where The Gateway, Gatehouse Road, HP19 8FF

Contact 01296 585858
customerfulfilment@aylesburyvaledc.gov.uk

Website www.aylesburyvaledc.gov.uk

AVDC provides a range of services to householders in the Vale. These include household recycling and waste collection, local planning and building regulations, housing advice, licensing ,environmental services, Council tax collection, parks and community centres and community safety. AVDC also administers the Disabled Facilities Grant, Flexible Home Loan Scheme, Shopmobility and Vale Lottery.

Golden Years

Where Wantage Crescent

When 09:15-15:30 Tuesdays

Contact Sue Tearle 01525 852764

Simply Walks (Wing Branch)

Where Meet at the Wing library

When 10:30-11:45 (plus optional tea and coffee)
Wednesdays

Contact 01494 475367 or
simplywalks@buckscc.gov.uk

Gentle walk for 30-45 minutes led by trained volunteers & "back markers", so you can walk at your own pace. There is no booking fee, free to attend although donations are welcome.

Wing Day Care Friends

Where Wantage Crescent

When All day Thursday

Contact 07399813448

This is a day care service that is run by volunteers who have been working with the elderly in Wing for the past 20 plus years it is held in Wantage Crescent all day on a Thursday, a home cooked meal is provided and transport can be arranged. If you are a carer who would like to hear more about us or someone who would like a social day out. Please get in touch.

Wing Gardening Club

Where Wing Village Hall
When 19:30 for 20:00 start every 2nd Tuesday of the month
Contact Christine Carrick 01296 682804
winggardeningclub@hotmail.co.uk

Come and join us for monthly meetings – informative and knowledgeable speakers, garden visits, plant sales, practical demonstrations and more. Meetings open to non members.

Wing Heritage

Where Around Wing Parish
Contact Sarah Roe 07919626906
wingheritage@gmail.com

Archaeological investigations, Family History and historical research of Wing Parish.

Wing Lunch Club

Where Wing Village Hall
When 12:15-14:00 dates in 'What's on in Wing'
Contact Sue Nightingale 01296 682999
Meets every fortnight providing a 2 course lunch for £3 for the over-sixties.

Wing Community Library

Where Wing Village Hall, Leighton Road, Wing, LU7 0NN
Contact 0845 230323
wingcommunitylibrary@gmail.com

The Library is run by volunteers and offers a good variety of books to borrow for free with access to the full County Council library catalogue; a meeting place for a chat; coffee and tea; donated books and magazines for sale; photocopying services; displays and activities for children.

Monday	CLOSED
Tuesday	14:00 - 19:00
Wednesday	10:00 - 13:00
Thursday	CLOSED
Friday	14:00 - 17:00
Saturday	10:00 - 13:00
Sunday	CLOSED

Registered Charity Number 1151925
Website: www.buckscommunitylibraries.org/wing
You can follow us on Twitter @wing_library
Also please 'like' and 'share' our Facebook page
facebook.com/wing.community.library

/ All Saints' Church

Where Church St, Wing, LU7 0NX
Contact 01296 682408
helen.barnes1503@gmail.com

All Saints' Church, Wing - a community in the community. Services for all ages at 11am each Sunday, including Sunday School. All Saints also runs mid-week groups for discussion and support. Enquiries about any of these activities and in regards to christenings, weddings and funerals can be made to the Vicar.

Café Oasis

If you would like to meet people from the church fellowship on Saturdays, we hold a cafe between 10am and 12pm in the church with delicious cakes!

Bell ringing John Lomas 01296 682915

Fridays 19:30 to 21:00. All welcome.

Food Bank drop off helen.barnes1503@gmail.com

Food Bank drop off point - All Saints' Church has a drop-off point for food for the Milton Keynes food bank and also for local families through the Children's Centre. Donations of dried or tinned food and toiletries can be left at the back of the church under the display desk in the clearly marked boxes. No fresh food please. The church is unlocked during the week from around 8:00 until dusk.

Wing Players

Where Please contact for venue
When 20:00-22:00 Wednesdays
Contact Helen McGwyre 01296 682378
wingplayers01@gmail.com

Wing Players perform pantomimes, murder mysteries and a variety of shows throughout the year. More information can be found on the website at wingplayers.wordpress.com

Wing Pop-in

Where Wing Village Hall
When 13:30-16:00 3rd Thursday of the month
Contact Sheila Woolhead 01296 688337
Janet Ratcliffe 01296 720946

The 'Pop-In' - Age Concern, Wing and District aims to provide an afternoon of entertainment, friendship, fun and a cup of tea and cake. The charge is £3 for the afternoon - please come along for a free taster! There are also 2 or 3 outings a year.

Wing Singers

Where Wing Village Hall

When 17:00-18:00 Sundays (during term-time)

Contact Lance Redler 01296 681286
wingsingers@yahoo.co.uk

Wing Singers is a community choir that is open to all ages (including accompanied children), all standards, with no auditions and no requirement to read music.

www.thewingsingers.org.uk

Wing WI

Where Wing Village Hall

When 19:30 3rd Thursday every month

Contact President Maureen Lomas
01296 682915 maureen@woolly.demon.co.uk
Secretary Margaret Mortlock
01296 688382 ml.mortlock1@btinternet.com

The WI plays a unique role in providing women with educational opportunities and the chance to build new skills, to take part in a wide variety of activities and to campaign on issues that matter to them and their communities - see more at www.thewi.org.uk

Wing Branch of WI offer a range of interesting talks and discussions, outings and other social events.

Public Transport

150 Bus

Route Milton Keynes - Leighton Buzzard - Wing - Aylesbury

Info www.arrivabus.co.uk

165 Bus

Route Leighton Buzzard - Aston Abbots - Wingrave - Aylesbury

Info www.zands.co.uk/bus-routes/

Leighton Buzzard Train Station

Leighton Buzzard train station is only 3 miles away providing regular London Midland train services to London Euston, Milton Keynes Central and Birmingham New Street. Please see National Rail to plan your journey.

Info www.nationalrail.co.uk

Schools

Cottesloe School ages 11-18

Where Aylesbury Rd, Wing, Leighton Buzzard, Bedford
LU7 0NY

Contact 01296 688264 office@cottesloe.bucks.sch.uk

Overstone School ages 3-11

Where Church Street, Wing, Leighton Buzzard LU7 0NY

Contact 01296 688799
admin@overstone-wing.bucks.sch.uk

Sports

Adrian Marsh School of Dance

Where Wing Village Hall

When Tuesdays, Wednesdays, Fridays & Saturdays

Contact Adrian Marsh 07906988880

Variety of dance classes for all ages.

Aylesbury Vale Golf Club

Where Stewkley Road, Wing, Leighton Buzzard.
Bedfordshire, LU7 0UJ

When 8:00 - 22:00 seven days a week

Contact 01525 240196

Situated a short drive from Milton Keynes, Dunstable, Aylesbury and Leighton Buzzard, our challenging course covers 18 holes with a par and S.S.S. of 72 and measures 6,612 yards from the competition tees. We were founded in 1989 and open for play in 1991. Whilst the golf course is long, many mature trees line the fairways and each hole is complimented by excellent greens. The golf course has been designed with ample space between holes. A natural brook runs through the course, which creates some challenging water features and the experience is a good test of golf whatever your handicap.

Badminton

Where Wing Village Hall
When Mondays 19:00 - 23:00 Tuesdays 20:15 - 21:45
Contact Jane 01525 750136 Wendy 01525 81240

Carol Speller School of Dance

Where Wing Village Hall
When 16:00-17:45 Wednesdays
Contact 01525 210565

For children from 3 years upwards.

Children's Dance Classes

Where Wing Village Hall
When 13:45 - 18:30 Thursdays
Contact Emma 07958084390

Wing Recreation Ground

Where Leighton Road, Wing
Contact 01525 875308 wingparishclerk@gmail.com

Jubilee Green

Where Redwood Close
Contact 01525 875308 wingparishclerk@gmail.com

Jubilee Green is the local play park for all ages. Set in between Redwood Drive and Prospect Place. It is also the site of the Carnival and various other events.

/ Local Services

Community Spaces

Wing Village Hall

Where 71 Leighton Rd, Wing, Leighton Buzzard,
Buckinghamshire LU7 0NN

Contact sheilalambert@tiscali.co.uk 01296 682795

The building offers a choice of three meeting and function rooms, from very large, to cosy. It has a superbly equipped kitchen, an atmospheric period snooker room with two tables – and a whole lot of warmth and charm. The library is also located here.

Wantage Crescent Lounge

Where Wantage Crescent, Wing, Leighton Buzzard,
Bedford LU7 0NH

Contact Vicky - Independent Living Scheme
Coordinator
07738314075 / 01296 732600
Vicky.wadkins@vaht.co.uk

Karate & Kickboxing

Where Cottessloe School

When 19:00 - 20:30 Mondays

Contact Jo Randall 07539 873858
jokarate@hotmail.co.uk

Pilates

Where Wing Village Hall

When 09:30 - 10:30 Mondays

Contact Sarah 01525 372136

Street Dance

Where Wing Village Hall

When 15:30 - 19:45 Tuesdays

Contact Kiri FitzGerald 07988 161043

Wing Bowls Club

Where	Leighton Road, LU7 0NW
When	18:00 Tuesdays - April to September
Contact	Terry Hedly 01296 681811 mh@millmats.co.uk

Wing Bowls Club was formed in 1960. The Club has about 40 members and plays friendly matches at week ends with some 21 other Clubs in the local area. Additionally there are Club competitions and various fun days throughout the season. It is on Club nights that members can catch up on what's going on, have some practice and receive coaching if so wished. The Club is affiliated to both the Bucks Bowls Association and English Bowls Association - and members can enter all County and National competitions. Being a village Club the atmosphere at Wing is acknowledged as being one of a friendly and progressive nature.

Wing Cricket Club

Where	Wingrave Sports & Social Club
When	Wednesdays - Juniors 15:30 & 19:00 Adults 18:00 - 20:00
Contact	Sam Rose 07725515543 Wingcc@live.co.uk

Wing Cricket Club is a friendly community village club and currently runs two Saturday teams in the Four Counties Cricket League and play occasional friendlies on Sundays. Training is on Wednesdays for all ages. We always welcome new members of any age, gender or ethnicity - wing.play-cricket.com

Adult Social Care

To report abuse	0800 137915
Social care for adults	01296 383204
Out of hours emergency	0800 9997677
24-hour National Domestic Violence Help-line	0808 2000 247

Child Social Care

Social care for children	0845 4600001
Out of hours emergency	0800 9997677

Medical Emergency

999	
NHS non-emergency number. It's fast, easy and free. Call 111 when you need medical help fast but it's not a 999 emergency.	111

Crime Emergency

999	
101 is the number to call when you want to contact your local police when it's less urgent than a 999 call.	101

Health Emergency

999	
is the NHS non-emergency number. It's fast, easy and free. Call 111 when you need medical help fast but it's not a 999 emergency.	111

Highways - report dangerous faults or flooding

In office hours	01296 382416
Out of hours	01296 486630

/Local Supporting Organisations

Mental Health Helplines

Anxiety Alliance	0845 296 7877
Anxiety UK	08444 775 774
B-eat (Beating eating disorders)	0345 634 1414
Calm (For young men 15-35)	0800 58 58 58
Chinese Mental Health Association	0845 1228 660
Hearing Voices	0845 122 86 42
Mind	0845 766 0163
National Self Harm Network	0800 622 6000
OCD UK	0845 120 3778
No Panic (Anxiety disorders)	0808 808 0545
PAPYRUS (Prevention of young suicide)	0800 068 4141
Post-Natal Illness	020 7386 0868
Rethink (Mental illness)	0300 5000 927
Saneline (Mental health)	0300 304 7000
Self Injury Support	0117 925 1119
Young Minds	0808 802 5544

Young people can use above helplines, or these below

Get Connected (free, confidential helpline service for young people under 25 who need help, but don't know where to turn)	0808 808 4994
B-eat Youthline (Beating eating disorders)	0345 634 7650
Tess (for young women who self injure)	Text 0780 047 2908
ChildLine	0800 1111
Muslim Youth Helpline	0808 808 2008

Wing Dressage and Jumping Centre

Where	Cottesloe Farm
When	19:00 - 20:30 Mondays
Contact	07983 571271 info@wingjdc.co.uk

Wing Football Club

Where	Wing Recreation Ground
When	Saturdays & weeknight training
Contact	Dave McGwyre 01296 682378
Wing FC is for 16+ and runs both a 1st and 2nd team.	

Wing Raiders

Where	Overstone School
When	Saturdays
Wing Raiders is a junior football club. Please see www.pitchero.com/clubs/wingraidersjfc/ for more information.	

Wing Snooker Club

Where Wing Village Hall

When Open 7 days a week

Contact David Turner 01296 682870

Membership is £25 April to March (over 18's only), we do half price membership from October for the winter months. Is key operated - so members have to obtain a key and return the key from a key holder (several in Wing. Light meter/table fees 50p per 15 minutes (in 50p pieces only). Any further info and the possibility of a "try before you buy" (free entrance, just the cost of the table light fees).

Wing Sports and Social Club

Where Leighton Road, Wing

When Monday - Friday 14:00 - 23:00
Saturday 12:00 - 23:30
Sunday 12:00 - 22:30

Contact 01296 688139
wing_social_club@live.co.uk

Helplines

The Samaritans	116 123
Support Line (confidential emotional support to children, young people and adults)	020 8554 9004
Rape & Sexual Abuse Support Centre	0808 802 9999
Survivors UK (for male abuse victims)	0845 122 1201
Crossline (Christian helpline)	0300 111 0101
Premier Lifeline (Christian)	0300 111 0101
BPD World (Borderline Personality Disorder)	08700 053 273
Domestic Violence	0808 2000 247
Survivors of bereavement by suicide	0844 561 6855
Cruse Bereavement Care	0844 477 9400
Alcoholics Anonymous	0845 769 7555
Frank (Drugs)	0800 77 66 00
Narcotics Anonymous	0300 999 1212
Alzheimer's Society	0845 300 0336
Parentline	0808 800 2222
Muslim Community Helpline	0208 904 8193/ 0208 908 6715
Jewish Helpline	0800 652 9249
Rethink - Asian mental health helpline	0808 800 2073
National Debtline	0808 808 4000
Citizens' Advice Bureau Aylesbury	01296 485373
Citizens' Advice Bureau Leighton Buzzard	01525 373878

Emergency Services

Milton Keynes General

Where Standing Way, Eaglestone, Milton Keynes, Bucks
MK6 5LD

Contact 01908 660033
01908 303030 (Walk in centre)

Stoke Mandeville (Inc. A&E)

Where Mandeville Road, Aylesbury, Bucks,
HP21 8AL

Contact 01296 315000

Help in an Emergency

If you live, or are often alone, being connected to an emergency helpline is important. **THIS CAN BE A MATTER OF LIFE OR DEATH.** It helps people to retain their independence and gives peace of mind to all concerned. Please do not be afraid to call any of the following numbers:

Emergency Services: 999

Aid Call: 01364 651555

A service by Age UK , www.ageuk.org.uk/alarm

Wing Tennis Club

Where Wing Recreation Ground

When Sundays

Contact 07803 709486 wingtc@outlook.com

Wing Tennis Club is small club in Wing that is one of the friendliest and best value clubs around! Why not come along to Social Tennis on a Sunday morning; non-members are welcome to come along to a few sessions for free, before deciding whether to join the club. An excellent way to keep yourself fit and healthy and a great way to meet new people!

Yoga

Where Wing Village Hall

When 19:30 - 20:30 Thursdays

Contact Kim O'Hanlon 01296 688693

Children & Young People

Church Mice Toddler Group

Where All Saints' Church

When 14:00 -15:00 Tuesdays (every fortnight during term times, please see church noticeboards for dates)

Contact 01296 682408.Rev Helen Barnes
helen.barnes1503@gmail.com

A toddler group for children who don't yet attend school and their parents/carers. Craft activities for the children, lots of chat, tea, a bible story and a good place to make friends. Convenient if you have older children to pick up after school.

Ladybird Parent, Baby & Toddler Group

Where Wing Scout Hut

When 10:00 -11:30 Thursdays

Contact 0781 1576202

Caters for ages 0-5. £2 per child, 50p additional children - max charge £2.50.

Carey Lodge

Where Church St, Wing, Leighton Buzzard LU7 0NY

Contact 01296 689870
enquiries@fremantletrust.org

Out of Hours

If you need a doctor when the surgery is closed call your GP's normal telephone number and you will be put through to a Doctors Out Of Hours Call Adviser who will provide advice and assistance.

Calling The NHS For Advice

If you are feeling unwell and need a telephone health assessment, please call the NHS **111** service free of charge from any phone. You can check your symptoms on www.nhs.uk

An annual Flu Vaccination is recommended for Patients aged 65 or over – Ask your GP when they are running clinics (from October onwards).

Health Services

Medical Centres

Ashcroft Surgery

Where Ashcroft Surgery, Stewkley Road
Wing, LU7 0NE

When 08:00 -12:00 14:00 -18:00
Monday - Friday

Contact 01296 688201
www.ashcroftsurgery.co.uk

Wing Surgery

Where The Surgery, 46 Stewkley Road
Wing, LU7 0NE

When 08:00 -12:30 14:00 -18:00
Monday - Friday

Contact 01296 688949/ 01296 681814
www.wingsurgery.co.uk

Jardines Pharmacy

Where 18 High Street, Wing, LU7 0NR

When 9:00 - 13:00 14:00 -17:00
Monday to Friday

Contact 01296 682543
www.nhs.uk/Services/pharmacies

Wing Children's Centre

Where Overstone School

When Different days

Contact Family Support Worker - Fiona McLachlan
07917559115. Clinic - Charlene Birch
07717513779
wingcc@actionforchildren.org.uk

Our core purpose is to support families with children under the age of 5 with child development, school readiness, parenting skills, child and family health and life chances. Child health clinic - Monday 10:00 -11:30
Pacey (child minder group) - 1st and 3rd Tuesday of the month 9:30-11:00
Wednesday Stay and play - 10:00-11:30
Bumps and Babes 13:30-15:00

Family Adoption Group 1st and 3rd Friday of the month 9:30 – 11:00

Our full timetable can be found on the Bucks Family information service website.

1st Wing Scout Group

Where Wing Scout Hut

When Scouts Mondays, Beavers Wednesdays and
Cubs Thursdays

Contact wingscouts.org

Wing village in Buckinghamshire - a great place to do our scouting. We've got plenty of places to get out and get muddy with miles of walks, both local and national close by.

1st Wing Rainbows

Where Wing Village Hall
When 16:15 -17:45 Mondays
Contact Carolyn Saunders 01296 688508



1st Wing Brownies

Where Wing Village Hall
When 18:00 - 20:00 Mondays
Contact Carolyn Saunders 01296 688509



Wing Youth Club

Where The Youth Club, Cottesloe School
When 18:30 - 21:00 Thursdays
Contact Keeley 07716 457360

